



ATAL BIHARI VAJPAYEE MEDICAL UNIVERSITY, UP

LUCKNOW

Dissertation Proposal [Synopsis] Guidelines for M.Sc. Nursing/ NPCC Program

[A Comprehensive Proposal; Quick to Convey Your Dissertation Plan]

PRELIMINARY PAGES

1. Main Cover Page: A sample format enclosed as Annexure-I
2. Title Page (1st Inner page): A sample format is enclosed as Annexure-II
3. Declaration by the student: A sample format is enclosed as Annexure-III
4. Certificate by Supervisor/ Co-supervisor(s): A sample format is enclosed as Annexure-IV
5. Table of Content
6. Abbreviations

INTRODUCTION

1. Background of Study
2. Need and Justification of Study
3. Research Problem Statement
4. Objectives
5. Operational Definitions
6. Hypothesis/ Assumptions
7. Delimitations
8. Conceptual Framework

REVIEW OF LITERATURE

Interpretative description of reviewed literature under relevant subheadings; an example given of subheading for a study is given below:

- Prevalence and incidence of insomnia in patients with mental illness
- Clinician's knowledge about insomnia in patients with mental illness
- Therapies for management of insomnia in patients with mental illness

Note: It should be synthesis and critical evaluation of reviewed literature under particular sub-head rather than annotated bibliography or chronological summary of each reviewed research paper. [5-7 most recent studies]

METHODOLOGY

1. Research Approach
2. Research Design
3. Research Setting: A brief description about research setting
4. Target Population
5. Sampling
 - i. Sampling size
 - ii. Sampling techniques
 - iii. Sample size calculation
 - iv. Inclusion and exclusion criteria for sample selection
6. Variables
 - i. Independent, dependent/ outcome and extraneous variables for experimental studies
 - ii. Research variables in observational/ qualitative studies
7. Data Collection tool (s)
 - i. Development and description of the tools: type, number of items, blueprint, scoring key
 - ii. Reliability and validity of tool (s).
8. Ethical Considerations
9. Procedure for Data Collection
10. Plan for Data Analysis

NOTE: In experimental study, follow **consort chart/guidelines** (refer: <https://www.equatornetwork.org/reporting-guidelines/>) to write methodology and include randomization, control group, intervention, blocking, allocation concealment, outcome variables etc.

REFERENCE

1. List reference in the order it is referred in the text
2. Follow Vancouver's Style of reference writing.

ANNEXURES

- i. Tools (translated version in different language; if applicable)
- ii. Patient information sheet and informed consent

NOTE: All the annexures should be referred in the text and present the appendices in the order it appear in the text.

SPECIFIC INSTRUCTIONS

I. **Font:**

Font style: Times New

Roman Font size:

- 12 for the text throughout
- 14 point-Bold caps for section title [Introduction, Literature Review & Methodology etc]
- 12 point-Bold for section headings
- 12 point-Bold Italic for subsections
- All headings should be left aligned, except chapter headings, which should be centered.

II. **Spacing/ margins/ Printing:**

- 1.5 spaced throughout the manuscript of proposal.
- 1½ inch margin in left and one inch in upper, lower and right side of the page.

III. **Page Layout:**

- Begin each new section i.e. Introduction, Literature review and Methodology on a new page.
- Preliminary pages to be numbered in Roman numerals.
- Proposal manuscript page numbering must begin from first page of Introduction till end including references; using Arabic numerals for page numbering.
- Page numbering at bottom in the centre of each page.

IV. **Captions and Numbering (Tables and Figures):**

- Each Table and Figures / illustrations should carry a number and caption that clearly describes the nature of data presented.
- Each table and figures/ illustrations should carry Arabic numbers separately; and number them consecutively throughout, in the order in which they are placed in the text.

- **Title** must be placed at the top of the table and for figure title must be placed at the bottom of the figure or illustration.

V. Number of Pages in Proposal/ Synopsis:

Dissertation proposal must be as comprehensive as possible without losing any essential component; ideally it would be about 15-20 pages for the content except appendices. However, variation may be accepted as per the nature of the study.

VI. Paper: A4 executive bond

VII. Grammar and Spelling:

- A good quality language and grammatical editing must be done; if needed help of a language expert may be taken.
- Use simple language.
- Avoid fancy and technical jargon.
- Avoid long sentences clubbing many ideas together.

VIII. Outer Cover of Dissertation Proposal

- i. Transparency at front and back stapled and left-side is covered by brown tap.
- ii. Name of the student, batch year and specialty must be published at front cover as specified.

IX. Number of Dissertation Copies to be Submitted

- i. One (01) hard copy and one (01) soft copy in .pdf format in Pen Drive of the complete dissertation proposal from cover page to the last appendix must be submitted to Dean, Nursing, Atal Bihari Vajpayee Medical University, UP, Lucknow.

Appendix I – An example of Cover page

**“INVESTIGATION OF THE EFFECT OF STINGING NETTLE EXTRACT ON
NEUROLOGICAL ALTERATIONS DURING COMORBIDITY OF
DEPRESSION AND TYPE 2 DIABETES”**

[Font: 14 point (Bold all caps) Times New Roman]



[Colored Logo size: 4.5cm]

DISSERTATION PROPOSAL SUBMITTED BY

NAME OF THE STUDENT

[Font: 14 point (Bold all caps) Times New Roman]

MASTER OF SCIENCE IN NURSING

[Medical Surgical Nursing- Orthopedic Nursing]

[Name of the College]

[Font: 14 point (Bold all caps, but not specialty title) Times New Roman]

ATAL BIHARI VAJPAYEE MEDICAL UNIVERSITY

UTTAR PRADESH, LUCKNOW

[Font: 14 point (Bold all caps) Times New Roman]

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MASTER OF SCIENCE IN NURSING

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[Name of the College]

[Font: 14 point (Bold all caps, but not specialty title) Times New Roman]

Signature

Name of Supervisor

With Complete designation and name of college

Signature

Name of Co-Supervisor(s)

[Font 12 point (Sentence case & Bold) Times New Roman]

Appendix III- Format for Declaration by the Student

DECLARATION BY THE STUDENT

[Font: 14 point (Bold all caps) Times New Roman]

I, [*Name of the student (only First letter capital, Bold italic)*], declare that the dissertation proposal entitled _____ is my own work, will be conducted under the supervision of Dr./ Mr./ Ms. _____ *only First letter capital, Bold italic* (Supervisor/Co-supervisor) at Atal Bihari Vajpayee Medical University, Uttar Pradesh, Lucknow (which is approved by Departmental Research Committee (DRC)).

I further declare that to the best of my knowledge the dissertation proposal does not contain any part of any work which has been submitted for the award of any degree either in any college or university.

[Font 12 point (Sentence case) Times New Roman]

Signature & Name of the Student

Name of the Student, M.Sc.N-Batch [2023-25]

[Font 12 point (Sentence Case & Bold) Times New Roman]

Appendix IV- Format for Certificate by Supervisor (s):

CERTIFICATE BY SUPERVISORS

[Font 14 point (Bold all caps) Times New Roman]

This is to certify that the dissertation proposal entitled, “*Title of dissertation*” is a bonafide and original research proposal, which will be undertaken by (Student’s Names-----[***Only First letter capital, Bold italic***] -----M.Sc. Nursing Student batch, 2023 - 2025), for partial fulfilment of the requirement for the award of M.Sc. Nursing [Medical Surgical Nursing-Orthopedic Nursing] Degree at Atal Bihari Vajpayee Medical University, Uttar Pradesh, Lucknow.

Proposal will be submitted for the ethical approval from the Institutional Ethics Committee (IEC) and trial will be registered at CTRI for enrolling participants (if applicable).

[Font 12 point (Sentence case) Times New Roman]

Signature

Name of Supervisor

Signature

Name of Co-Supervisor(s)

With compete designation and name of the college

[Font 12 Point (Sentence case & Bold) Times New Roman]